



Spring/Summer Senior Walking Club

Join Erin at these great locations for a one mile walk (sometimes a bit longer) on the following dates:

Wednesday, May 16th @ 9:45am

- Beaver Island State Park

(Meet in the Sledding Hill Parking Lot)

Wednesday, May 23rd @ 9:45am

- Spaulding Trail

(Meet in Ferry Village Parking Lot)

• **Wednesday, May 30th @ 9:45am**

- River Lea Trail

(Meet in River Lea Parking Lot in Beaver Island)

All June Dates are TBD!

Please come dressed appropriately, sneakers are highly encouraged.

Also, bring water if it is hot out.

We will MEET at the above locations at 9:45am, and will begin our walk at 10:00am

If the weather is inclement (severe rain/thunderstorms), we will not meet.

Should you have any questions, please call Erin at (716) 773-9682.