



Senior Fall Walking Program



Join Erin at these great locations for a one mile walk (or longer)
on the following dates:

Wednesday, October 4th @ 9:45am

- Beaver Island State Park (Meet at Sledding Hill Parking Lot)

Wednesday, October 11th @ 9:45am

- Spaulding Trail (Meet in Ferry Village Parking Lot)

• **Wednesday, October 18th @ 9:45am**

- River Lea (Meet in River Lea Parking Lot)

• **Wednesday, October 25th 27th @ 9:45am**

- Buckhorn State Park (Meet in Woods Creek Parking Lot)

Please come dressed appropriately, sneakers are highly encouraged.

Also, bring water if it is hot out.

We will **MEET** at the above locations at **9:45am**

unless specified otherwise.

If the weather is inclement (severe rain/thunderstorms), we will not meet.

Should you have any questions, please call Erin at (716) 773-9682.

